



ENDODONTICS OF CHERRY CREEK & DTC

Ellen Sachs, DDS, MS

Scott Maloney, DMD, MS

Alison Morrison, DMD

Jesus Machado, DDS, MSD

Andok Barseghyan, DDS

Cherry Creek

155 Cook St. Suite 301
Denver, CO 80206 | 303.321.7930

DTC

8200 E. Belleview Ave. Suite 306C
Greenwood Village, CO 80111 | 303.850.7474

www.cherrycreekendo.com

POST OP INSTRUCTIONS FOLLOWING SURGERY

1. Do not lift or pull on lip. This may cause tearing out of sutures.
2. Use cold application (ice pack) over operated area as soon as possible – ½ hr. at first; ten or 15 minute intervals (15min on – 15min off) for next 6-8 hours. Also apply the ice pack over the area for 20 min. prior to going to sleep. A plastic “baggie” with ice is a good ice pack.
3. Do not rinse mouth vigorously for 24 hours.
4. After 24 hours, rinse mouth with warm water after each meal & before bed. Continue this rinsing until healing is complete.
5. Brush the teeth gently, and keep the mouth clean as possible. This will help speed the healing.
6. Avoid all heavy chewing. Do all chewing on the other side of the mouth.
7. Use foods that will be nourishing but will not require vigorous chewing. (Eggs, soups, milk, etc.).
8. Some swelling and discoloration is normal and will gradually disappear. Swelling usually occurs overnight and the following 2-3 days after surgery.
9. Slight bleeding during the first day is normal.
10. If any unusual symptoms develop, please contact this office for advice and further instructions.
11. Take medications as prescribed. Please report any unusual reactions.
12. Sutures will be removed about a week after surgery.
13. Pain medications containing a narcotic may alter perception. Do not drive or work under hazardous conditions while taking this type of pain medication many times 2 aspirin, Tylenol (if allergic to aspirin) or ibuprofen every 4-6 hours will suffice.

Setting the Standard of Excellence in Endodontics Since 1971